

Film clips and sections from novels

Suggested by Gilly Cooper

Topic	Resource	Notes
Depression	The Bell Jar Sylvia Plath Chapter 11 going to psychiatrist Chapter 12 ECT	The poet Sylvia Plath wrote this work of fiction not long before she committed suicide herself. The two extracts exemplify some of the stigmas and traumas of being a psychiatric patient
The Hours DVD Scene 12		Julianne Moore's character contemplates suicide while reading Virginia Woolf's novel Mrs Dalloway. This cuts to a scene where Ms Woolf herself has depression problems.
A Long Way Down, Nick Hornby. First chapter		We meet the characters, all different types of depressed people who meet on a roof top on New Year's Eve. Consider the different narratives. How different people reach crisis point and our differing attitudes to them.
Philosophy of life	Tao of Pooh: Chapter: Bisy Backson	Think about whether we need to be rushing around apparently being efficient. It's also important to stop and reflect.
The Alchemist: See 2 excerpts on Scaling the heights website		These pieces from a modern fable look at following your dreams and learning from doing.
Education	Tao of Pooh: Chapter: Spelling Tuesday	The importance of education and experiential learning in particular.
Being a doctor	The House of God Pages 170-171	Humorous look at masterly inactivity/ first do no harm
Rape	Lucky, also by Alice Sebold: Chapter 1 The Lovely Bones, by Alice Sebold: Chapter 1	The first an autobiographical account of being raped as a student and the second, a fictional account of a girl who has been raped and murdered - from the viewpoint of the girl after death
Drug Abuse	Trainspotting Irvine Welsh:	Both sections of first chapter. First about