



**Scaling the Heights™**

## **Scaling the Heights New Primary Care Educators Course**

### **Engage, energise and enrich your healthcare education**

#### **Who is it for?**

The course is aimed at primary care educators responsible for delivering, facilitating and coordinating educational events for learners working in general practice. This includes GP training programme directors but also educators from other professions working in the new training hubs. Our primary focus will be on educators working with early years postgraduate professionals, eg GP registrars, newly qualified nurses, newly qualified physicians associates, etc.

The programme will be suitable for newly appointed GP training programme directors, nurse educators working in workforce hubs/CEPNs, those delivering physician associate preceptorship courses, etc. However the groupwork exercises and techniques we will use can be easily adapted for other learners so we would welcome anyone who thinks the course would be useful and shares our values. If you are not sure, please contact us and we can discuss.

#### **What is the content of the course?**

This course is designed to take your education skills to a new level. You will learn how to engage your participants, use techniques to energise them and increase motivation and commitment. Planning and evaluation skills to take education to new levels will be highlighted.

You learn how to facilitate effective and enjoyable large and small group educational activity by taking part in effective and enjoyable large and small group work.

The course will be interactive throughout and there will be plenty of opportunity to discuss with others and problem solve.

#### **Who are the facilitators?**

The facilitators are primary care educators and training programme directors who between them have decades of practical experience of general practice education.

#### **Take-home resource!**

We will provide you with an online resource of practical health care education including content of the course and much more.

## What is Scaling the Heights?

Scaling the Heights is an organisation of like-minded medical educationalists based around the UK.

We are committed to learner-centred teaching and, in particular, valuing the individual. We believe that by focusing on valuing one another we can contribute significantly to a healthier and happier morale and ethos in the Health Service, and ultimately to an improved standard of patient care.

The educational activities we provide aim to enable participants to learn more effectively and enjoyably.

For more information see <http://www.scalingtheheights.com/>

## What is the timetable for the event?

### Day 1

09:00	Registration
09:30	Introductions
10:00	Group sessions
10:30	Coffee
11:00	Group sessions
12:30	Lunch
13:30	Walk - Inspiration from Nature
16:00	Tea
16:30	Group sessions
17:30	Close
19:30	Dinner

### Day 2

09:00	Group sessions
11:00	Coffee
11:30	Group sessions
12:30	Lunch
13:30	Group session
16:00	Closing session
16:30	Close

## **What is the venue like?**

Welcome to the Grange Hotel, [www.grange-hotel.co.uk](http://www.grange-hotel.co.uk), a luxury four-star gem located on the idyllic southern fringe of the beautiful English Lake District.

The privately-owned Grange Hotel enjoys an unrivalled position in the pretty little coastal town of Grange-over-Sands.

This lovely setting, with its breathtaking panoramic bay views, is only five miles from Lake Windermere, and provides an ideal gateway to the awe-inspiring majesty of the Lake District National Park.

Built in 1866, in a graceful neo-Italianate style, the sumptuous interiors are elegant yet welcoming.

Private, terraced gardens and mature woodlands offer lots of lovely little areas where guests can appreciate the stunning views at every turn.

## **How do I get there?**

The Grange Hotel is easy to reach from both the north and south.

### **BY RAIL**

Is REALLY easy as the hotel is directly opposite Grange Railway Station, which enjoys a regular service with direct links from the north and south, including Manchester (and airport), Glasgow, Aberdeen, Preston.

### **BY ROAD**

From Junction 36 M6 (Kendal / South Lakes), follow the A590 to Grange. We are directly opposite Grange Railway Station.

For more info see

<https://www.grange-hotel.co.uk/home/find-us/>

## **How can I get more information?**

Email Linda Latif [llatif2129@gmail.com](mailto:llatif2129@gmail.com)